

Anna-Ca-Soo Day Nursery

Week 1



Monday

Break: Toast with butter and sliced banana

Lunch: Spaghetti bolognaise & side salad
Rice Pudding with raisins/sultanas

Afternoon Snack: Breadsticks, soft cheese, grapes, and carrot

Tuesday

Break: Apple & oat cakes

Lunch: Jamaican chicken/quorn pieces, rice & peas
Fromage Frais

Afternoon Snack: Homemade soup & bread roll

Wednesday

Break: Toast with butter/soft cheese

Lunch: Homemade beef burgers/ veggie burger, potato wedges &
Baked beans.
Angel Delight & Apple slices

Afternoon Snack: Crackers with pear, grapes & cheese

Thursday

Break: Crumpets and sliced cucumber

Lunch: Sausage/veggie sausage casserole, mashed potato, broccoli & cauliflower
Fruit Cocktail

Afternoon Snack: Pitta bread pizza and peppers

Friday

Break: Banana & Melon

Lunch: Tuna & sweetcorn pasta bake/vegetable pasta bake with a
Cheese topping.
Fruit cake & custard

Afternoon Snack: Egg mayonnaise/grated cheese & cucumber sandwiches.

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Week 2



Monday

Break: Toast and large sliced tomatoes

Lunch: Chilli con carne & basmati rice
Pears, plum & melon

Afternoon Snack: Bread roll, ham, cheese spread & cucumber

Tuesday

Break: Apple & greek yoghurt

Lunch: Spaghetti bolognese & Side Salad
Apple Crumble & ice cream.

Afternoon Snack: Sandwiches – tuna mayonnaise / grated cheese & cucumber.

Wednesday

Break: Banana & oat cakes

Lunch: Turkey casserole, mashed potato, cabbage & sweetcorn
Yoghurt

Afternoon Snack: Crackers, cheese, apple & grapes

Thursday

Break: Toast with butter and sliced banana

Lunch: 100% Cod Fish fingers with mashed potato and & baked beans
Rice pudding with raisins/sultanas

Afternoon Snack: Breadsticks, soft cheese, apple & pear.

Friday

Break: Apple & Grapes

Lunch: Roast chicken, roast potatoes, peas & sweetcorn
Jelly & Cream

Afternoon Snack: Toast & Spaghetti hoops.

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Week 3



Monday

Break: Pear, plum & nectarines/banana

Lunch: 100% Cod fishfingers, jacket potato & Baked Beans
Angel Delight & Apple Slices

Afternoon Snack: Homemade soup & Crusty French Stick

Tuesday

Break: Crumpet and pear

Lunch: Pork sausages/veggie sausage with mashed potato, peas and gravy
Ice cream and fruit salad

Afternoon Snack Pitta bread, ham, grated cheese, cherry tomatoes & cucumber

Wednesday

Break: Apple & Cheddar cheese

Lunch: Roast beef/soya mince, mashed potato, cabbage, peas & Yorkshire
Pudding.
Melon

Afternoon Snack: Sandwiches with corn beef & Mayo/soft cheese

Thursday

Break: Toast and sliced banana

Lunch: Cottage pie, broccoli & sweetcorn
Mousse

Afternoon Snack Scrambled egg on toast

Friday

Break: Toast with butter and sliced pear

Lunch: Tuna & sweetcorn pasta bake/vegetable pasta bake with cheese
Topping
Cake & custard

Afternoon: Snack Breadsticks, soft cheese spread, cucumber & apple slices

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Week 4



Monday

Break: Crumpet with butter and sliced cucumber

Lunch: Chinese chicken, noodles & vegetables with sweet & sour sauce
Rice pudding with raisins/sultanas

Afternoon Snack: Toast & spaghetti hoops

Tuesday

Break: Toast with butter or soft cheese

Lunch: Homemade beef/vegetable lasagne & side salad
Summer fruits Jelly & Ice cream

Afternoon Snack: Breadsticks, Salsa dip, carrot, cucumber & grapes

Wednesday

Break: Oranges, pear & plum

Lunch: Roast chicken/quorn pieces, roast potatoes, carrots & sweetcorn
Fromage Frais

Afternoon Snack Sandwiches with grated cheese & cucumber/ ham

Thursday

Break: Apple & cheese

Lunch: Chilli con carne & basmati rice
Banana Custard

Afternoon Snack: Homemade vegetable soup & toast

Friday

Break: nectarines & oat cakes

Lunch: 100% cod fish fingers, mashed potato & baked beans
Angel delight cake

Afternoon Snack : Toast with butter and sliced banana