

Anna-Ca-Soo Day Nursery

Week 1



Monday

Break: Toast with butter and sliced banana

Allergens: gluten, soya, milk

Lunch: Spaghetti bolognese & side salad

Allergens: gluten

Rice Pudding with raisins/sultanas

Allergens: milk

Afternoon Snack: Breadsticks, soft cheese, grapes, and carrot

Allergens: milk, gluten

Tuesday

Break: Apple & oat cakes

Allergens: gluten

Lunch: Chicken/quorn pieces, rice & peas

Allergens: gluten, soya

Fromage Frais

Allergens: milk

Afternoon Snack: Pasta salad

Allergens: gluten

Wednesday

Break: Toast with butter/soft cheese

Allergens: gluten, soya, milk

Lunch: Chicken dippers/ veggie nuggets, potato wedges & Baked beans.

Allergens: gluten

Angel Delight & Apple slices

Allergens: milk

Afternoon Snack: Crackers with pear, grapes & cheese

Allergens: gluten, milk

Thursday

Break: Rice cakes, cream cheese and sliced cucumber

Allergens: gluten, milk

Lunch: Sausage/veggie sausage casserole, mashed potato, broccoli & cauliflower

Allergens: gluten, milk

Peaches and ice cream

Allergens: milk

Afternoon Snack: Pitta bread pizza

Allergens: gluten, milk

Friday

Break: Banana & Melon

Lunch: Tuna & sweetcorn pasta bake/vegetable pasta bake with a Cheese topping.

Allergens: gluten, milk, fish

Cake & custard

Allergens: gluten, milk

Afternoon Snack: Wraps with grated cheese, ham and cucumber

Allergens: gluten, milk

Anna-Ca-Soo Day Nursery

Week 2



Monday

Break: Toast and satsumas

Allergens: gluten, soya, milk

Lunch: Lentil chilli and basmati rice

Pears, plum & melon

Afternoon Snack: Bread roll, ham, cheese spread & cucumber

Allergens: gluten, milk

Tuesday

Break: Pancakes and banana

Allergens: gluten, milk

Lunch: Spaghetti bolognese & Side Salad

Allergens: gluten

Apple Crumble & ice cream.

Allergens: gluten, milk, soya

Afternoon Snack: Hot dogs

Allergens: gluten

Wednesday

Break: Apple & oat cakes

Allergens: gluten

Lunch: Coconut Chicken curry and basmati rice

Yoghurt

Allergens: milk

Afternoon Snack: Crackers, cheese, apple & grapes

Allergens: gluten, milk

Thursday

Break: Toast with butter and sliced banana

Allergens: gluten, soya, milk

Lunch: 100% Cod Fish fingers with mashed potato and & baked beans

Allergens: gluten, fish

Rice pudding with raisins/sultanas

Allergens: milk

Afternoon Snack: Breadsticks, soft cheese, apple & pear

Allergens: gluten, milk

Friday

Break: Apple & Grapes

Lunch: Roast chicken, roast potatoes, peas & sweetcorn

Allergens: soya

Jelly & Cream

Allergens: milk

Afternoon Snack: Toast & Spaghetti hoops.

Allergens: gluten, soya, milk

Anna-Ca-Soo Day Nursery

Week 3



Monday

Break: Pear, plum & satsumas

Lunch: 100% Cod fishfingers, jacket potato & Baked Beans

Allergens: gluten, fish

Angel Delight & Apple Slices

Allergens: milk

Afternoon Snack: Pasta salad

Allergens: gluten

Tuesday

Break: Crumpet and pear

Allergens: gluten, milk

Lunch: Pork sausages/veggie sausage with mashed potato, peas and gravy

Allergens: gluten, soya, sulphites

Ice cream and peaches

Allergens: milk

Afternoon Snack Pitta bread, ham, grated cheese, cherry tomatoes & cucumber

Allergens: gluten, milk

Wednesday

Break: Apple & Cheddar cheese

Allergens: milk

Lunch: Beef burger, mashed potato, cabbage, peas & Yorkshires

Allergens: gluten, eggs, milk

Melon

Afternoon Snack: Sandwiches with chicken slices /soft cheese

Allergens: gluten, soya, milk

Thursday

Break: Toast and sliced banana

Allergens: gluten, milk

Lunch: Vegetable curry with chickpeas, spinach and potatoes

Mousse

Allergens: milk

Afternoon Snack: Breadsticks, soft cheese spread, cucumber & apple slices

Allergens: gluten, milk

Friday

Break: Toasted muffins and sliced pear

Allergens: gluten, soya, milk

Lunch: Tuna & sweetcorn pasta bake/vegetable pasta bake with cheese

Allergens: gluten, milk

Cake & custard

Allergens: gluten, milk

Afternoon: Snack Cracker bread with cream cheese, chicken slices and cucumber

Allergens: gluten, milk

Anna-Ca-Soo Day Nursery

Week 4



Monday

Break: Crumpet with butter and sliced cucumber

Allergens: gluten, milk

Lunch: Chicken casserole, veg and mash potato

Allergens: gluten, egg

Rice pudding with raisins/sultanas

Allergens: milk

Afternoon Snack: Toast & spaghetti hoops

Allergens: gluten, soya, milk

Tuesday

Break: Toast with butter or soft cheese

Allergens: gluten, soya, milk

Lunch: Vegetable curry with chickpeas, spinach and potatoes

Fromage Frais

Allergens: milk

Afternoon Snack: Breadsticks, Salsa dip, carrot, cucumber & grapes

Allergens: gluten

Wednesday

Break: Oranges, pear & plum

Lunch: Homemade beef/vegetable lasagne & side salad

Allergens: gluten, milk

Jelly & Ice cream

Allergens: milk

Afternoon Snack Sandwiches with grated cheese & cucumber/ ham

Allergens: gluten, soya, milk

Thursday

Break: Apple & cheese

Allergens: milk

Lunch: Vegi chilli con carne & basmati rice

Banana Custard

Allergens: milk

Afternoon Snack: Pasta salad

Allergens: gluten

Friday

Break: Satsumas & oat cakes

Allergens: gluten

Lunch: Fish nuggets, potato wedges and baked beans

Allergens: gluten, fish

Angel Delight cake

Allergens: gluten, milk

Afternoon Snack: Toast with butter and sliced banana

Allergens: gluten, soya, milk